

1 year plan

Specific:

- Use this year to save up money and figure out what area of Journalism/Communication I'm most interested in, then enroll in graduate school.

Measurable:

- By the end of Summer 2022, I'll have a list of at least 5 graduate schools options.
- By Winter 2023 I will be finished applying to those options, aiming for a full tuition ride to a graduate program.

Achievable:

- I'll keep in contact with my professors, mentors and editors to maintain a network of people that I can go to for advice on graduate school options.
- I'll work this Summer-Fall 2022 building my journalism resume to assure I'm a great candidate for any graduate program I end up applying to.

Relevant:

- Aiming to be better educated in my field has always mattered to me.
- Having a masters degree will refine my journalistic skills and help me to determine a clear career path.
- Another degree will open the door to more career opportunities.

Time-Bound:

- By Spring 2023 I'll be accepted into a graduate school program.

5 year plan:

Specific:

- Be mentally, emotionally, spiritually and physically sound with myself— enough to truly begin a serious long-term career and life with a significant other by the time I'm 26.

Measurable:

- Everyday I'll work towards being an overall healthy person by making smart decisions.
- In one year I'll find a church home that is a great fit for me, and even possibly get baptized if that's what I choose to do.
- In two years I'll have my masters degree and have a solid outlook on what I want my ideal career to be.

Achievable:

- I'll continue to meditate, pray and read everyday.
- I'll continue to see my therapist as needed.
- I'll make sure to eat healthy most days out of the week and have a physical activity goal for each week.

Relevant:

- It's important to look after all aspects of my health, especially when there's so much going on in the world.

- To be able start a career I'm truly happy with, I have to first be fully happy and content with myself.

- Feeling better about myself and being healthy will only make me can overall better person, friend, sister, partner, daughter and team member.

Time-Bound:

- Each year I'll have a more distinct, clearer outlook on who I am as a person, which will ultimately aid in my search for a great career and lifestyle.

